

Adam Roenfeldt, MA LPC

Inner Fire Practices, LLC



(720) 507-1452 | 770 W. Hampden Avenue, Suite 250, Englewood, CO 80110

YOUR RIGHTS AS A CLIENT

The State of Colorado requires all mental health professionals to provide you with the following information.

The Colorado State Department of Regulatory Agencies regulates the practice of both licensed and unlicensed persons in the field of psychotherapy. Any questions, concerns, or complaints regarding the practice of mental health may be directed to the State Board whose address is:

Mental Health Occupations Grievance Board
1560 Broadway, Suite 1340
Denver, CO 80202
(303) 894-7766

You are entitled to receive information about methods of therapy, the techniques used, the duration of therapy, if known, and the fee structure.

You may seek a second opinion from another therapist or may terminate therapy at any time.

In a professional relationship, sexual intimacy is never appropriate and should be reported to the Mental Health Occupations Grievance Board.

Generally speaking, the information provided by and to the client during therapy sessions is legally confidential and cannot be released without the client's consent. In the case of licensed marriage counselors, family therapists, clinical social workers, professional counselors, psychologists, and certified school psychologists, there are exceptions to this confidentiality, some of which are listed in section 12-43-218 of the Colorado Revised Statutes, provided as well as other exceptions in Colorado and Federal law. For example, mental health professionals are required to report suspected child abuse to authorities. If a legal exception arises during therapy, if feasible, you will be informed accordingly.

Explanation of acronyms:

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- A Licensed Professional Counselor has practiced professional counseling for at least two years, post-graduation, from either a master's or doctoral level program from a CACREP-accredited or equivalent education center. In order to obtain an LPC, one must work under supervision for a requirement of 2,000 hours of post-master's work or 1,000 of post-doctoral work.
 - An EMDR (Eye Movement Desensitization and Reprocessing) trained therapist has taken the basic 40-Hour EMDR course and is still being supervised while practicing this modality of therapy. In order to become EMDR Certified, a clinical must complete the EMDR basic training, and 50 hours of supervision with at least 25 clients.

Professional Qualifications:

Adam Roenfeldt, MA, LPC has a master's degree in Forensic Psychology from the University of Denver and a Bachelor's in Psychology and International Studies from American University. He is a Licensed Professional Counselor, and his license number is LPC.0013967. He is also trained in Eye Movement Desensitization and Reprocessing (EMDR) and is in the process of obtaining his EMDR certification. With respect to EMDR, he has been trained in early childhood/pe-verbal trauma, as well as the "Flash Technique." He has been practicing therapy since 2013.

I have read the preceding information and understand my rights as a client.

Client Name

Date

Client Signature

Date

Parent/guardian (if applicable)

Date

Therapist Signature

Date

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Fee Structure and Agreement

Sessions are billed by the hour. I understand that my hourly rate will be \$_____ and that payment is due at the time of the session, unless prior arrangements have been made. Non-payment may be grounds for a session to be cancelled or postponed.

Sliding scale options are available but require verification of income.

For insured clients, please note that at this time, there is no **additional** co-pay, and all payments are pre-negotiated between your insurance agency and the Sondermind Network. This therapist will not take any payment from you for the session.

I have read the above information and agree to the payment structure

Client Signature

Date

Therapist Signature

Date

Please note:

If you are going to be late or need to cancel, please inform me as soon as possible. I will try to accommodate any late arrivals however I may not be able to see you for your full session time. I understand I am still expected to pay for the full time. Cancellations are preferred in at least 24 hours in advanced. You will be provided with one free less than 24-hour cancellation, and after that it will be \$10 per cancellation. You are allowed **three** no-call no shows a year before services may be terminated.